



EMERGENCY CHECKLIST

___1. Have alarm system monitored or alarm devices on areas of your home to prevent theft, fire or smoke monitoring & other emergency. Other safety detectors in home such as smoke & carbon monoxide detectors.

___2. Medical alert monitoring system in home for older adults if needed.

___3. Place medical alerts & contact numbers for all members of family visible on fridge or near phone. Post Poison Control Hot-Line on fridge & telephones:
1-800-222-1222.

___4. Have needed medical emergency equipment for major or minor problems in home such as first aid kit, blood pressure cuff, AED, diabetic kit, or pulse ox to use if needed by self or family members. Have a designated place to keep all equipment & medicine that is labeled & locked if needed for safety of others.

___5. Have appointed person to handle important papers & finances in the event of a medical emergency.

___6. Prepare a disaster kit for a external disaster. Have an action plan for emergencies for the family & practiced.

___7. Print off Checklists for the Top 10 Safety Tips for Child & Older Adult if needed.